

CODE OF CONDUCT

GYMNASTS



We are fully committed to safeguarding and promoting the well-being of all our members. The club believes it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and share any concerns or complaints that they may have about any aspect of the club with Ann Wood-Walsh or Lorraine Yeardye (Welfare Officers) or member of the Coaching Team.

As a member of Turnford Gymnastic Club you are expected to abide by the following club rules:

- All members must participate within the rules and respect coaches, judges and their decisions
- All members must respect opponents and fellow club members
- Members should keep to agreed timings for training and competitions or inform their coach (by text/phone) if they are going to be late. Prior notice should be given where possible
- Members must wear suitable attire for training and events as agreed with the coach. Keep all long hair tied back. Remove all body jewellery
- When moving around the gym please be aware of other gymnasts/equipment and what danger you may be causing by walking in someone's working path
- Members must pay any fees for training or events promptly
- Members must not smoke, consume alcohol or take drugs of any kind whilst representing the club at competitions or other events
- Members should treat all equipment with respect
- Members must inform their coach of any injuries or illness they may have before the warm up begins
- Members should not eat or chew gum during a session
- Members must not use bad/inappropriate language
- Members should remain with coaches at the end of a session until collected by their parent or guardian
- Trainers should be worn to sessions
- If members are using social networking sites, negative comments **MUST** not be made regarding the club or any of its coaches/members

Failure to adhere to any of these rules will result in disciplinary actions, either a written warning, meeting to include parents or suspension will be applied as suitable to the offence. A second breach of these rules will result in dismissal from the club.

By attending squad sessions you have accepted these rules